# Mission Wealth Management has joined JOIN Team GSF and we hope you will, too!



As part of Team GSF, Mission Wealth will be working together to cover 26.2 miles at the <u>Santa Barbara</u> <u>International Marathon</u> to show our support for the <u>Gwendolyn Strong Foundation</u>.

The Gwendolyn Strong Foundation is a local, nonprofit organization dedicated to increasing awareness of Spinal Muscular Atrophy (SMA), accelerating research focused on ending this cruel disease, and supporting families impacted by SMA and other life-altering conditions.

To learn more about the Gwendolyn Strong Foundation and Team GSF, please watch this three-minute video.

Please join us as we run, walk, cheer, or donate to show support for this worthwhile cause.

## HOW TO JOIN TEAM GSF

### Run/Walk a Marathon or Half Marathon

Please use our Team GSF discount code of **2012SBIMGSF** and register for the SBI Marathon. Registration is \$130 for the marathon and \$85 for the half. These rates are as of August 1 and may change as the race draws more near. After you have registered for the race, please contact <u>Marcie Lund</u> and she will help you join Team GSF.

### Run/Walk a Leg in a Relay

Contact <u>Marcie Lund</u> and she will help you select which of the four relay legs you would like to run/walk and place you on a team. The relay legs range in distance from about four miles to just over nine. Each relay team must maintain an overall pace of at least 13.44 minutes/mile (which is a brisk walking pace). Marcie will coordinate your race registration and help you sign up for Team GSF. Relay Registration is \$320 per team, so you will need to provide Marcie with \$80 to confirm your relay spot.

#### Cheer

We would love to have you join us as we cheer on the participants at various points along the race course or celebrate with us as they cross the finish line.



## **TEAM GSF RACE ACTIVITIES**

**Team GSF Pre-Race Dinner\*** The Canary Hotel Friday, November 9 at 5:00 PM

Saturday, November 10 Marathon at 7:15 AM | Half Marathon at 7:45 AM

Santa Barbara International Marathon

Team GSF Post-Race Celebration\* Rusty's Pizza Lighthouse Saturday, November 10 at 5:00 PM Finish Line Festival Santa Barbara City College—Track & Field Live entertainment, food and beverages until 1:30 PM

## **QUESTIONS?**

Please contact Marcie Lund at (805) 690-3878 or mlund@missionwealth.com if you have any questions.

\* The Gwendolyn Strong Foundation would like all Team GSF members to attend their fun, pre-race dinner event where they will pass out race jerseys to everyone, provide fundraising prizes, and much more. The following evening, Team GSF members and their families are invited to get together for a post-race celebration.